

# November

## CCSD Middle School Lunch



Lunch Cost

\$3.25

Offered Daily

**Fresh Salad Bar**

Grab N' Go#1: Turkey Deli Sub

Grab N' Go#2: Spicy Chicken Wrap

Grab N' Go#3: Lite n' Fit

**Hungry? Apply for meal benefits today, by going to MySchoolApps.com**

**Say NO to Bullying** PLEDGE

See something? Say something. <http://cesd.net/students/bully>

Connect with us today!  
@CCSPFoodService

V = Meatless Option

Our milk varieties include 1% low fat & fat-free choices.

Nutritious seasonal fresh & cupped fruit served daily.

We offer a variety of vitamin and mineral rich vegetables.

We use heart healthy whole grain breads and rice.

**\*All Menus are subject to change.\***

MONDAY	"TASTE IT" TUESDAY	"WELLNESS" WEDNESDAY	THURSDAY	FRIDAY
<p>Chicken Nuggets w/Ranch or Papa John's Cheese Pizza V</p> <p>Fiesta Beans ½ cup Sweet Corn ½ cup Peaches Milk</p> <p>6</p>	<p>Orange Chicken w/Rice or Papa John's Pepperoni Pizza</p> <p>Green Beans ¾ cup 100% Fruit Juice Milk</p> <p>7</p>	<p>Cheeseburger Sliders or Papa John's Cheese Pizza V</p> <p>Baby Carrots w/Ranch Applesauce Milk</p> <p>1</p>	<p>Breaded Chicken Drumsticks (2 each) or Papa John's Cheese Pizza V</p> <p>Green Salad w/Italian Dressing Campfire Baked Beans ½ cup 100% Fruit Juice Milk</p> <p>2</p>	<p>Hamburger or Papa John's Pepperoni Pizza</p> <p>Potato Wedges ¾ cup Fresh Grapes Milk</p> <p>3</p>
<p>BBQ Pulled Pork Sandwich or Papa John's Cheese Pizza V</p> <p>Campfire Baked Beans ½ cup Sweet Corn ½ cup Applesauce Milk</p> <p>13</p>	<p><b>NEW ITEM</b></p> <p>Blazin' Buffalo Chicken Drumsticks (2 each) with Ranch Cup &amp; Dinner Roll or Papa John's Pepperoni Pizza</p> <p>Baked Fries ¾ cup 100% Fruit Juice Milk</p> <p>14</p>	<p><b>Holiday Special</b></p> <p>Roasted Turkey w/Gravy &amp; Dinner Roll or Papa John's Cheese Pizza V</p> <p>Mashed Potatoes ½ cup Green Beans ½ cup Fresh Whole Pear Milk</p> <p>15</p>	<p>Double Cheeseburger or Papa John's Cheese Pizza V</p> <p>Green Salad w/Ranch 100% Fruit Juice Milk</p> <p>9</p>	<p><b>No School Thank you! TO THOSE That served!! Happy Veterans day!</b></p> <p>10</p>
			<p>Spicy Chicken Sandwich or Papa John's Cheese Pizza V</p> <p>Green Salad w/Ranch 100% Fruit Juice Milk</p> <p>16</p>	<p>Teriyaki Chicken Sliders or Papa John's Pepperoni Pizza</p> <p>Baby Carrots w/ Ranch Apple Slices Doritos Chips Milk</p> <p>17</p>

**No School** **HAPPY, HAPPY THANKSGIVING**

<p>Chicken Parm Sandwich or Papa John's Cheese Pizza V</p> <p>Fiesta Beans ½ cup Green Beans ½ cup Mixed Fruit Milk</p> <p>27</p>	<p>Fiery Bean &amp; Cheese Burrito V or Papa John's Pepperoni Pizza</p> <p>Baby Carrots w/Ranch 100% Fruit Juice Milk</p> <p>28</p>	<p>Teriyaki Chicken w/Rice or Papa John's Cheese Pizza V</p> <p>Tater Tots ¾ cup Fresh Clementines Milk</p> <p>29</p>	<p>Hamburger or Papa John's Cheese Pizza V</p> <p>Green Salad w/Ranch 100% Fruit Juice Goldfish Crackers Milk</p> <p>30</p>	<p>Cheesy Breadstick Dippers w/Marinara V or Papa John's Pepperoni Pizza</p> <p>Celery w/Ranch Fresh Whole Pear Milk</p> <p>1</p>
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\*This institution is an equal opportunity provider. / Esta institución es un proveedor que ofrece igualdad de oportunidades.\*